



# 2 Islands Riding Vacation - Rømø og Mandø

## Meals

- Breakfast from 06.00 to 10.00
- The lunch restaurant is open from 12.00 to 14.00.
- The dinner restaurant is open from 18.00 to 21.00. You can meet at 18.30 for dinner and seat at the horse table in the restaurant (look for the horse signs) and enjoy your meal with all the other riders.

If you don't have breakfast, lunch or dinner included, you are welcome to purchase it.

## The Kommandørgården Kitchen

offers a la carte, family buffet, local products - such as the Southern Jutland Coffee and fish buffet. The restaurant is very child friendly.

## Clothing

Rain clothes, wellingtons and helmet may be borrowed for free at the stables. It is important to be warmly dressed during the ride.

## Swimming

If you wish to swim during the tour on the beach, wear your bathing suit under your clothes and remember dry underwear and towels.

## Pool, Steam Bath and Play Park

A stay at the Hotel Kommandørgården includes free admission to the pool, the steam bath and to the Rømø Play & Horse Park.

## Meeting time at the stables

You are welcome to come 10 minutes before the usual meeting time to ask your guide for your favorite horse before the external guests arrive.



## Sylt and Bike

The ferry for Sylt leaves from Havneby in Rømø. At the reception you may require a discount ticket to the ferry. You can also rent a bike in the reception, if you wish to enjoy the island from a bike.

## Wellness & spa

After a wonderful tour on horseback at the beach, it is just fantastic enjoying the pool and the steam. You can also choose a warm oil massage. The Kommandørgården presents a wide spectre of wellness possibilities, and as a participant in the Rømø Riding Vacation you will have 10% discount on all treatments. If you want sauna please inform the reception an hour in advance.

## Welcome

Our reception is open from 08.00 to 21.00 each day of the week, and we will be happy to answer your questions. You are welcome to visit our stables. The reception can show you the way, and we have a map that may help you.

## Who Are We?

At the stables you will meet with the horse team. They can tell you about the horses and help you find the horse that suits you. You are welcome to participate in the feeding of the horses.

You are welcome as well to visit the rider's room. There is coffee on the pot.



## Which Horse to Ride?

If you are a beginner and not quite comfortable with riding, we will try to give you the opportunity to ride the same horse for the entire week. If you are an experienced rider we will offer you a choice of different horses.

## Program

### Saturday - Arrival

South Jutland Coffee and cake table from 15.00 to 16.30  
Dinner from 18.00 to 21.00  
At 20.30 we meet at the bar in the restaurant to watch the video about the Icelandic horses while enjoying a drink. The video is in English.

## Sunday

You are welcome to come 20 minutes before the meeting time to meet with your guides, enjoy a cup of coffee and discover the stables before the external guests arrive.

### Kirkeby Plantage - 2 hours

The tour begins in the small cozy ravel paths into the Vråby Plantation in which we ride along the winding woodland paths and enter the Kirkeby Plantage. Here we follow the many winding paths leading both right, left, up and down. We ride through the moor and pass the highest hill of Rømmø, Spidsbjerg.



## Wednesday

### Mandøtur – 8 hours

Departure time is determined the previous evening.

We pack and drive to Vester Vedsted together. From here we ride through the Wadden Sea to Mandø by the 7 kilometers long Ebbevej (Low Tide Way). We ride north of the island along the marsh to the village of Mandø past the storm flood pillar. Hereafter we ride through the village and south around the island. We follow the dyke, cross the island and return along the Ebbevej.



## Monday

**Sønderstrand & Bananklitten – 3 hours** This tour follows the row of piles to the sea in which we cool the horses possibility by letting them dip their hoofs into the water. We follow the sea to the Bananøen where we take a short break. From here we can watch the island Sylt while riding. The tour continues past the beach sailers and the kite buggy area. Afterwards we follow the dunes to the field path and return home through the wood.

**Tølt check :** after two days of riding, our horses with clean tølt will help us check that you got the hang of this very special gait.



## Thursday

### Havsand - 2 hours

The tour goes through the Vråby Plantation in which you may have the chance to see deer grassing while we are tölting by. We ride through the beautiful moor and tölt our way through the hilly area before we reach the beach. Here we enjoy a break, nature and something to drink.

## Tuesday

### Slagterbænken & Havsand – 4 hours

This tour will allow you to discover more of the infinite beach of Rømmø. Heading north once on the beach, you will enjoy long tølt and beautiful gallops by the water or in between the dunes. You will also learn the story about the Slagterbænken.



## Friday

### Rømmø half day tour with lunch box – 5 hours

This tour is also started in the nice Vråby Plantation. We ride around the prile and follow the sea to the Lakolk beach. Then we ride into Lakolk Strandby to enjoy our lunch break. We follow the Småfolksvej and ride through a field and into the fire belt. From here we enter the Kirkeby Plantation and follow the winding paths through wood and moor.

Meet for a Goodbye drink at 20.30 and watch the "Horses and Men" video for some laughs.

## Saturday - Departure



*This program is valid from week 27 to 35. Slight changes may apply in the autumn / winter / spring season.*